

October 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Spicy Deviled Swiss Roast , Mashed Potatoes, Green Beans	2 Chef Salad	3 Eggs, Grits, Sausage & Cheddar Bowls	4 Almost Scratch Chicken & Dumplings , Biscuits	5 Rustic Mediterranean Chicken Pasta over spaghetti	6 Southwestern Spinach & Black Bean Bake
7 Sandwiches or Leftovers	8 Jade Chicken, Vegetable Stir Fry, Egg Rolls	9 Eggplant Parmesan Casserole , Side Salad	10 Pancakes, Bacon, Fresh Fruit	11 Three Bean Stew , Yellow Rice	12 Porcupine Meatballs , Mac & Cheese, Baby Limas	13 Fajita Bowls
14 Sandwiches or Leftovers	15 Shepherd's Pie, French Bread	16 Creamy Chicken Pesto Primavera	17 Egg, Sausage & Hashbrown Casserole, Fresh Fruit	18 Beef Stew & Biscuits	19 Creamy Chicken and Almond Enchiladas , Side Salad	20 "Gourmet" Hotdogs, Oven Fries
21 Sandwiches or Leftovers	22 Sausage & Potato Skillet, Peas & Carrots	23 Crock Pot Chicken Parmesan , Broccoli, French Bread	24 Cheeseburger Oven Omelet Roll, Fresh Fruit	25 White Pinto over Rice	26 Vegetable Soup, Grilled Cheese	27 Nacho Mommas Taco Salad
28 Sandwiches or Leftovers	29 Chicken & Sausage Jambalaya	30 Brown Butter, Peas, and Bacon Tortellini	31 Fall Festival ~ Eat at the Church	<div style="border: 1px solid black; padding: 5px; background-color: #f4a460;"> Looking for homemade costume ideas? Be sure to take a peek at my costumes board on Pinterest. </div>		

Goals for this month: